

Sunday, March 21

If you are praised, be silent. If you are scolded, be silent. If you incur losses, be silent. If you receive profit, be silent. If you are hungry, also be silent. And do not be afraid that there will be no fruit when all dies down; there will be! Not everything will die down. Energy will appear; and what energy!

Feofil, the Fool for Christ

Russian priest, saint, ascetic, and visionary, 1788 - 1853