

**Friday, March 26**

**PRAYER. (I)**

PRAYER the Churches banquet, Angels age,  
Gods breath in man returning to his birth,  
The soul in paraphrase, heart in pilgrimage,  
The Christian plummet sounding heav'n and earth ;

Engine against th' Almighty, sinner's towre,  
Reversed thunder, Christ-side-piercing spear,  
The six daies world-transposing in an houre,  
A kinde of tune, which all things heare and fear ;

Softnesse, and peace, and joy, and love, and blisse,  
Exalted Manna, gladnesse of the best,  
Heaven in ordinarie, man well drest,  
The milkie way, the bird of Paradise,

Church-bels beyond the stars heard, the souls bloud,  
The land of spices, something understood

*George Herbert*